

**What's in Your Dish?**  
**Nut-Free and Allergy Awareness Potluck - April 27, 2008**

Please - No peanuts, tree nuts, or sesame – including oils!

**Your name:** \_\_\_\_\_ **Your dish:** \_\_\_\_\_

***Please make a list of all the ingredients in your dish.***

*Eggs? Milk or cheese? Butter, margarine, or other? Type of oil? Soy products? Type of flour? Meat? If you use a canned or packaged item, please include the label from the original packaging.*

***Ingredients:***

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